



# Kith and Kin Connects

NOV 2011

"Building opportunities for individual growth" in Townsville since 1981

KITH AND KIN  
ASSOCIATION  
LIMITED

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## 30th Annual General Meeting of

## Kith and Kin Association Limited



The 30th Annual General Meeting (AGM) of Kith and Kin Association Limited was held on Monday 24th October. This was a significant milestone for Kith and Kin, highlighting a number of achievements and reinforcing the value of the organisation and its dedicated staff and members.

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### EVENTS CALENDAR HIGHLIGHTS NOVEMBER

11 REMEMBRANCE DAY

19 STAFF XMAS PARTY

27 NOV - 3 DEC  
NDIS SPREAD THE WORD WEEK  
EVERY AUSTRALIAN COUNTS  
CAMPAGIN

25 WHITE RIBBON DAY

Twenty members attended the AGM with proxy votes authorised for an additional 8 who were unable to be present. All nominated directors were returned to their positions unopposed. Christine Edwards and Marnie McCollough were welcomed as new board members.

Peter Yoxall, CEO of Kith and Kin, described the past year as one of amazing recognition and achievement. Reaching the 30th year in operation, he says, is a testament to our effectiveness and success as an organisation.

Kith and Kin has gone from strength to strength offering a diverse range of opportunities for our service users.

President of Kith and Kin, Mr. Barry Whitehead, praised the professional, yet cost effective, service delivery by our diligent and caring employees.

Cyclone Yasi, at the beginning of 2011, posed a significant challenge for Kith and Kin and its 24hr service mission. Executive Officer, Alfred Wimblett praised the combination of good preparation, realistic implementation and good will from staff members as a major factor of our most

vulnerable clients weathering this "perfect storm" without significant disruption to the service.

The past year has seen Kith and Kin win awards, including a mental illness fellowship award, and place in the top 10 of the Environment and Landcare awards.

Founding member, Don Stewart received formal recognition from the Premier's office for his 30 years of community service, an accolade which Don is happy to share with co-founders Margot Stewart and Mr and Mrs Lyle Brigdland.

Kith and Kin received its first cheque from Ergon energy for clean power production.

Significant funding was obtained from Qld Health for the Connect and Create art project, this year. The ArtWorks! program also expanded the Bivouac Junction camp and hosted another extremely successful Art Awards and Creatability Exhibition, attracting entries from all over the state. A collection of paintings from the ArtWorks! program was also selected by the Townsville City Council for illustrative use .....cont'd page 2.....



MAJOR FUNDER



MAJOR SPONSORS



VALUED PARTNERS



DANCENORTH



Visit us online : [www.kithandkin.com.au](http://www.kithandkin.com.au)



**BE SAFE AT WORK**

**STRATEGIC PLANNING**

**POET'S CORNER**



Working as a carer can expose you to infectious diseases and biological hazards, particularly, if you receive:

- a skin penetrating injury
- if blood or body fluids come into contact with broken skin, open wounds, eyes or mouth.
- contaminated equipment or materials are used.

Assume all body substances are infectious. Take standard precautions including:

- good hygiene practices
- use of personal protective equipment
- correct handling and disposing of sharps and other infectious waste.

Hands should always be washed with soap and water

- before and after contact with an injured or ill person
- when there is contact with blood, body fluids or contaminated items.
- after removing gloves.

When soap isn't available use an alcohol sanitizer or equivalent.

Always cover injuries with waterproof dressings.



Kith and Kin is reviewing the outcomes of the 2007 - 2011 Strategic Plan and developing an updated plan for 2012 -2015.

At Kith and Kin, we believe our future depends on speed and flexibility and responding resourcefully to society's fast-changing needs.

We believe that productive change and problem solving comes by looking at challenges and opportunities from new angles.

Consultation with board members, staff, service users and their families is being sought in development of the 2012-2015 Strategic plan. In the near future, you may receive a survey asking you for your input and ideas into planning future directions of Kith and Kin. What you think is important to us and there are no right or wrong answers. We would like you to answer all the questions but if you don't want to answer a question, you don't have to. It may take you about 20 – 30 minutes to answer everything, but please take your time and think about the questions and your responses. Your answers to this survey are private and confidential.

Your responses the 2012 – 2015 Strategic Plan will guide Kith and Kin's work in effectively carrying out our roles and responsibilities aimed at improving and expanding our services. Creating a shared vision and working to accomplish a common mission moves us forward together, beyond simply the sum of what any one of us can accomplish alone.

**Park it over there!**  
by Cate

Elegant lady in the big, blue Ford,  
age is not a disability.  
You look so refined in your chiffon  
and crepe  
and you walk so tall and proud in  
your stylish, brown homipeds,  
with no hint of a limp or a hump.

Is that a matching Gucci  
on your arm  
or just a clever knock-off  
from your last exotic, nip-tuck holiday  
destination?

Your eyes don't have the rheumy stare  
of a lady of such advancing years.

No doubt, they are 20/20  
thanks to Mr. Lasik and his magical  
beam.

It puzzles me, therefore,  
why you can't see the big, white sign  
with the blue iconised wheelee  
glaring down at you in disdain  
from above.

Perhaps my own non-lasiked eyes  
clad so recklessly in cheap, copper  
alloy and polished glass, just missed  
the permit on your shiny, grey dash?  
Or maybe the airs and graces that you  
lamine yourself in hide the infirmed  
from your sight,  
'though they barely disguise your  
dark,  
self-absorbent soul.



**IT'S SO EASY BEING GREEN**



When making photocopies, use both sides of the paper and cut your consumption in half.



Suitable for use in:  
HP Deskjet 450C/5180/5550/5551/5552/  
5550/5160/5652/5850/9650/9670  
Officejet 4110/6110/6110X/4255/4256  
Photosmart 7150/7260/7260V/7350/  
7550/7660/7760/7960  
PSC 1210/1350/2110/2115/2150/2175/  
2210/2310/2410/2510  
Digital Copier 410

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associated with any printer or other printing supplies manufacturers.

PRINT-RITE, manufactured  
in the UK  
6 928120 832178  
Number No. 1981288111

CONTENT : 24ml

**FOR SALE**  
**PRINT-RITE Inkjet cartridges**  
12 qty. Colour 12 qty. Black  
**\$15 each**

Suit HP Deskjet series and similar  
printers.  
Contact **Alex Crowley** by leaving a  
message at the office.



Suitable for use in:  
HP Deskjet 450C/5180/5550/5551/5552/  
5550/5160/5652/5850/9650/9670  
Officejet 4110/6110/6110X/4255/4256  
Photosmart 7150/7260/7260V/7350/  
7550/7660/7760/7960  
PSC 1210/1350/2110/2115/2150/2175/  
2210/2310/2410/2510  
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**THOUGHT FOR THE DAY**

**Are the 'good things that come to those who wait' just the leftovers from the people who got there first?**

## ARTWORKS UPDATE



ArtWorks! recently held a series of small group workshops in advanced art techniques sponsored by the Regional Arts Development Fund. The artwork produced during these workshops will be exhibited in December.

**Connect and Create Music and Singing Free Workshops for people with mental illness.**

Wulguru Community Centre  
 Tuesday mornings  
 9.30am - 11.30am.  
 Qualified music teacher.  
 Musical instruments supplied  
 No experience necessary.  
 Phone the office on 4722 0101 for more information.

### DANCENORTH

DanceWorks! workshops will be held on the 14th, 21st and 28th of November. The DanceWorks! showcase will be held on Wednesday 30th November. For more information, phone the ArtWorks! team on 4722 0101. This project has received financial assistance from the Queensland



**STEPPING UP - ADVANCED ART TECHNIQUES**  
**WHEN: 5th - 10th December**

**WHERE: Umbrella Studios of Contemporary Art**  
**482 Flinders Street Townsville**



The RADF is a QLD Government and Townsville City Council partnership supporting local arts and culture.

If you'd like to attend the official launch of the exhibition, please RSVP at the office by November 25 . Ph. 4722 0101



Government through Arts Queensland.



### 2011 CHRISTMAS RAFFLE



#### TICKETS NOW ON SALE

**1st Prize** – Christmas Wheelbarrow Hamper Value – over \$1700

**2nd Prize** – One Nights Accommodation and buffet breakfast for two at the Holiday Inn Townsville – Value \$300

**3rd Prize** – Cash Tree – Value \$150

**4th Prize** – Gift Voucher Ella Bache' Townsville - Value \$119

**5th Prize** – Dinner For two at the Seaview Hotel – The Strand – Townsville – Value \$100

**See Sally Mitchell if you'd like to buy or sell tickets. All proceeds to ArtWorks!**



Kith and Kin and ArtWorks! would like to thank the listed businesses for the generous contributions to our Christmas raffle.

We would also like to sincerely thank all staff members for their wonderful donations. It's your involvement that makes our program so successful.



### TICKET SELLERS NEEDED

Please contact Sally if you are able to sell raffle tickets. Your help will be hugely appreciated.



#### QUOTE OF THE DAY

**And on the eighth day God said, "Okay, Murphy, you're in charge!" ~Author Unknown**

**LOOKING TO THE FUTURE**

**NATIONAL DISABILITY INSURANCE SCHEME**

**Spread the Word Week**

**November 27 - December 3**

.....cont'd from page 1.....  
 in its Disability Inclusion Action Plan for 2011- 1014.

This year has also seen the ArtWorks! program develop a community partnership with DANCENORTH and expand the ArtWorks! program to include music, singing and dance.

Clients have succeeded in reaching individual goals and personal milestones through the diverse range of activities and services offered to them by Kith and Kin. The organisation's continued relationships with community health professionals, associated networks and agencies have built upon the life skills and independence outcomes for our service users.

Kith and Kin continues to offer traineeships in Certificate III in Disabilities and Certificate IV in Mental Health. We have renewed our partnership agreement with Sunshine Coast TAFE for another year and continue to offer on site assessments and training.

The progress made during the past year shows that Kith and Kin is recognised and valued for its contribution to the community.

The future of Kith and Kin is being planned with what Barry Whitehead describes as consideration to financial viability, diversification and possible expansion of services into other needy areas within North Queensland.

Kith and Kin's treasurer, Mr. Gerry Maguire reports that the organisation maintains a healthy operating position of financial strength and, it is this strength along, with the dedication and commitment of our board members and staff, that will take us into a future with creative vision and sustainability.



The **EVERY AUSTRALIAN COUNTS** campaign is the campaign for the introduction of a **National Disability Insurance Scheme (NDIS)**. This will be a **new support system for people with disabilities, their families and their carers**.

The NDIS would help to fund and provide regular care, support, therapy and equipment for people with disabilities and their families and carers. The scheme would lead to positive change in the lives of people with disabilities.

A **PRODUCTIVITY COMMISSION** is currently evaluating the long-term operation of an NDIS and will report its findings to the Federal government over the next few months.

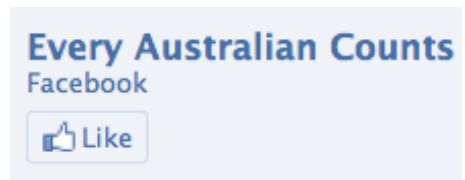
There is widespread community support for the NDIS and the **EVERY AUSTRALIAN COUNTS** campaign needs every Australian to make their voices heard and tell the Federal government that people with disabilities, their families and their carers matter.

The goal of the **EVERY AUSTRALIAN COUNTS** campaign is to make sure the Federal government implements the recommendations of the **PRODUCTIVITY COMMISSION** and to make sure the NDIS is introduced.

You can learn more about the campaign and how to show your support for the NDIS by visiting :

[www.everyaustraliancounts.com.au](http://www.everyaustraliancounts.com.au)

People with disabilities, their families and their carers often face many barriers to their full inclusion in social, economic and cultural life in Australia. Many families suffer with physical, emotional and financial stress trying to meet the needs of a family member with disabilities.



**BITS AND PIECES**

**2011 Staff Christmas Party**



**70s & 80s Fancy Dress**  
 Saturday 19th November  
 \$50 per person  
 Townsville Yacht Club  
 Top JD Paul

Kith and Kin extends its best wishes to all staff, clients and associates celebrating their birthdays in November.



**DO you have any suggestions for regular newsletter sections, any topics you would like to see articles about or any other ideas to make Kith and Kin Connects a more valuable tool for you?**

If so, please see Cate in the office or phone 4722 0101 or email your ideas through to [cate@kithandkin.com.au](mailto:cate@kithandkin.com.au)

**WACKY WISDOM**

**If at first you don't succeed, skydiving is not for you**